

## Chapter One - Why Am I Here?

Several years ago I read a life-changing book. The name of the book is “Gung Ho”. It has two sentences in it that altered my future forever. “All across America people toil alone. Their spirits die at the office door.” That quote broke my heart and set me in motion. I had felt that same desperation for 22 years in my corporate life. To make a long story short, I went back to school at the age of 43 (while working full time), I graduated with a Master's of Science in Occupational Education when I was 46, resigned from my corporate job and started my own business. I've been coaching and leading the Career Callings™ Workshop for over ten years.

Since then I have wanted to do whatever I could to stop the pain and teach others how to create enjoyable, joy-filled careers! I've spoken to clients from all over this country and in Europe. The problem is universal.

If your spirit dies at the office door, please read on. Stop the pain and frustration in your life. It's called making a “living” not making an “income”. I tell my workshop participants and coaching clients, “If the only reason you're staying at your present job is the money, it's called the oldest profession. Stop prostituting your spirit!”

You may have chosen this book for a variety of reasons. I hope to address most of those reasons in the next few chapters. Whatever the cause, I hope the main reason this book spoke to you is because you've started listening to your spirit. I'm not talking about a religious experience (although for some of you it is). I'm talking about a still small voice inside that's saying things like:

*I want more.*

*I just can't do this anymore.*

*I hate what I'm doing!*

*Surely there's more to life than this.*

*Why did this happen to me?*

*I should be happy, but I'm not.*

Whatever the message, believe me it's important to listen. Sometimes we listen when that voice inside is just a whisper. Other times (as in my case) the voice has to turn into a roar before we listen. No matter the volume the important thing is that you're choosing to listen now.

So congratulate yourself and keep turning the pages.